Monitor Symptoms

These signs and symptoms—following a witnessed or suspected blow to the head or body—are indicative of probable concussion.

Emergency Signs and Symptoms

The following situations indicate a medical emergency and require that a child be transported immediately to the nearest emergency room via ambulance (call 911, if available in your area):

- Loss of consciousness (any duration)
- A child who has symptoms of a concussion and is not stable (i.e., condition is changing or deteriorating)
- Deterioration of neurological function
- Decreasing level of consciousness, or inability to wake up
- Decrease or irregularity in respirations
- Any signs or symptoms of associated injuries such as spine or skull fracture or bleeding
- One pupil larger than the other
- A headache that gets worse and does not go away
- Slurred speech, weakness, numbness, or decreased coordination
- Unusual behavior, increased confusion, restlessness, or agitation
- Repeated vomiting or nausea, convulsions or seizures (shaking or twitching)

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Non-emergency Signs and Symptoms

The following non-emergency signs and symptoms might indicate a concussion. If your child's concussion signs or symptoms get worse be sure to share this information with their healthcare provider.

Signs

- Appears dazed or stunned
- Exhibits confusion
- Forgetful
- Moves clumsily (altered coordination)
- Balance problems
- Personality change
- Responds slowly to questions
- Forgets events prior to hit
- Forgets events after the hit

Symptoms reported by child

- Headache
- Fatigue
- Nausea or vomiting
- Double vision, blurry vision
- Sensitivity to light and noise
- Feels "sluggish"
- Feels "foggy"
- Problems concentrating
- Problems remembering

Learn more about concussion symptoms:

- Parent Recommendations for Concussion

- Recomendaciones Para Padres en Casos De Concusiones

- Post-Concussion Symptom Checklist

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